

# CONSCIOUS PARENTING

## In the Light of Anthroposophy

An initiative of *Developing the Self for Developing the World*

**Brunswick Heads NSW**  
**Saturday & Sunday May 14 & 15**  
**9am to 2:30pm**

Suggested contribution \$160 - see below  
(includes lunch)

By understanding the healthy stages of child development alongside the qualities each child brings with them, we strive for what is needed to bring balance, and provide experiences and an environment that will support the child to unfold and grow in freedom so that they may meet the world as conscious adults.

We walk this path beside them, guiding and nurturing them. We are called in our task as caregivers to be aware of our own growth, our own capacities and what lives in us. What we provide now helps to lay the ground for the future.

Over the weekend of the Conscious Parenting course we will look at constitutional tendencies, the developmental stages from infancy through to adulthood, the growth of the sensory system, and the practical support we can provide in daily life to cultivate living relationships.

**Contribution:** The intention is for the work to be ongoing and inclusive so that it is accessible to everyone. You are invited to pay either the suggested contribution of \$160, or if you cannot afford the full contribution you are free to pay what you can.

Surpluses go towards *Developing the Self* Youth Initiative, see

[http://www.innerworkpath.com/social\\_enterprise/](http://www.innerworkpath.com/social_enterprise/)

**Developing the Self for Developing the World** has been established by those who have been working with *Inner Work Path* for several years. *Developing the Self* seeks to work with the spiritual pictures brought through meditation, inner development and professional development courses in a way that brings them into relationship with everyday practical life. It is intended that various avenues are created for individuals to work with developing an active inner life for the benefit of world development.

*Developing the Self* aims to offer initiatives that strive to overcome the making of distinctions in human beings according to outer characteristics of social standing, race and sex, and to put aside the stereotyping of gender, religion and culture. It encourages each person to independently contribute and build a social form that recognises and supports the growing individual human being and the community.

It is established as a not-for-profit organisation for the benefit of world development. Any profits are directed to initiatives created or endorsed by *Developing the Self* to assist young people in healthy body, soul and spiritual growth.

It is a volunteer organisation that accepts donations and bequeaths.

### **Facilitators for this Conscious Parenting course are**

**Fiona Mackenzie** is a practising homeopath working out of anthroposophy since 2006. She also offers adult education about child development.

**Melanie Deefholts** has been applying anthroposophy in her work with families from pregnancy to teenagers for the last 10 years. She also offers adult education for teachers and parents.

**Katherina Kiss** has been drawing on anthroposophy in her work as a health practitioner and adult educator since 2006.

### **BOOKINGS & ENQUIRIES**

**P: 02 6684 6147**

**E: [developingtheself@gmail.com](mailto:developingtheself@gmail.com)**