

Developing Social Understanding through Wholistic Gender and Sexuality Education

Content Sequence Overview for 11-18 years olds

Extract from Developing the Self Developing the World Gender and Sexuality Professional Development and Whole School Programs.

AGE GROUP	THEME DEVELOPMENT	CONTENT THEMES
11 years	<p>Developing who you are as an individual being and understanding our human evolving</p> <p>Understanding our inner life</p> <p>Understanding our social conditioning and interactions</p> <p>Understanding our biology and physiology</p>	<p>The developing and evolving human being Exploring growth into the nerve sense system, the rhythmic system and the metabolic/limb system, including the change of teeth</p> <p>Understanding our Inner Life Exploring the three consciousness soul experiences</p> <p>Emotional development from 9½ -12yrs</p> <p>Understanding our social conditioning Discussing gender conditioning</p> <p>Understanding our biology and physiology Understanding the health and hygiene of our bodily vehicle – discussing physical signs of puberty</p>
12 years	As above	<p>As above plus +</p> <p>Understanding our biology and physiology Discussing emotional and soul changes during puberty</p>
13 years	As above	<p>The developing and evolving human being Understanding our bodily vehicle</p> <p>Understanding our inner life Exploring the three consciousness soul experiences</p> <p>Exploring emotional development from 13- 16½ yrs.</p> <p>Understanding our social conditioning Discussing gender conditioning</p> <p>Understanding our biology and physiology Discussing physical and emotional changes during puberty</p>
14 years	<p>Developing and awakening of heightened self-consciousness</p> <p>Developing attraction towards others</p> <p>Contributing towards social conditions</p> <p>Biological and physiological differences between male and female</p>	<p>Developing and awakening of heightened self-consciousness Discussing the implications of growth of consciousness in the nerve sense pole for the adolescent.</p> <p>Exploring substance use, early sexual exploration and three consciousness soul experiences</p> <p>Developing attraction towards others Discussing attraction and the human being</p> <p>Contributing towards social conditions Discussing gender and social conditioning</p> <p>Biological and physiological differences between male and female Exploring the possible impacts of biology on behaviour</p>

15 years	As above	<p>Difficulties in awakening of self-consciousness Exploring substance use, early sexual exploration and the three consciousness soul experiences</p> <p>Developing attraction towards others Discussing the different types of attraction: sexual, social, romantic, consciousness.</p> <p>Contributing towards social conditions Exploring social conditioning and substance use</p> <p>Biological and physiological differences between male and female Discussing emotional and soul changes during puberty Exploring the possible impacts of biology on behaviour</p>
16 years	<p>Developing and awakening your conscious self in relationships</p> <p>Understanding and recognizing the other's point of view in sexual, social and romantic relationships</p> <p>Understanding socialised differences around behaviours in men and women</p> <p>Understanding the difference in the sexual act for the male biology and the female biology</p>	<p>Developing and awakening your conscious self in relationships Discussing attraction and biological urges of males and females</p> <p>The true nature of sexual intercourse: The bodies of males and females</p> <p>The true nature of sexual intercourse: The sex act</p> <p>Projecting the experience of your biology during sex</p> <p>Exploring substance use and sexuality</p> <p>Developing and awakening your conscious self in the social sphere Discussing gender and social conditioning</p>
17 years	<p>Being able to assess and understand sexual diversity</p> <p>Exploring sexual norms from the perspective of society</p> <p>How power and eroticism affect relationships</p> <p>Individual responsibility and sexuality</p>	<p>Being able to assess and understand sexual diversity Discussing the different types of attraction: sexual, social, romantic, consciousness.</p> <p>Exploring sexual norms from the perspective of society Discussing gender and social conditioning</p> <p>How power and eroticism affect relationships Eroticism, power and other sexual practices and their relationship to human sexuality</p>

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