

## **PROFESSIONAL DEVELOPMENT**

### **Working with Social Understanding, Gender and Sexuality**

#### ***The Understanding of Being More than Male and Female***

with Lisa Romero

This course provides the anthroposophical understanding of being more than male and female and how to express the evolving and developing pictures of gender and sexuality to students in primary and secondary school. It will also include the common struggles that are experienced during childhood, adolescence and into adulthood. Supporting this aspect of the health and wellbeing of the individual child's relationship to gender and sexuality results in greater resilience and confidence in their growing relationship to the wider community.

Teachers, health professionals, parents and those working with others will find this training beneficial to see how applying anthroposophy can be a beacon of light and understanding in the changing needs of our times around gender and sexuality. We shall explore how differences and similarities work in child development, human relationships and spiritual development. Learning to support this aspect of the health and wellbeing of another's relationship to gender and sexuality results in greater resilience and confidence in their relationship to the wider community.

Participants may be interested in the other complementary courses on Working with Social Understanding Gender and Sexuality, to build an understanding of the relevant depth and progression anthroposophy brings to this important aspect of life. For more information visit: <http://developingtheself.org/professional-development/>

**June 9 - 11**

Friday 6.30 – 8pm; Saturday & Sunday 9.30am – 2.30pm

**Trinity Gardens School Adelaide SA**

***This course is open to parents and other members of the community***

**FOR BOOKINGS AND ENQUIRIES**

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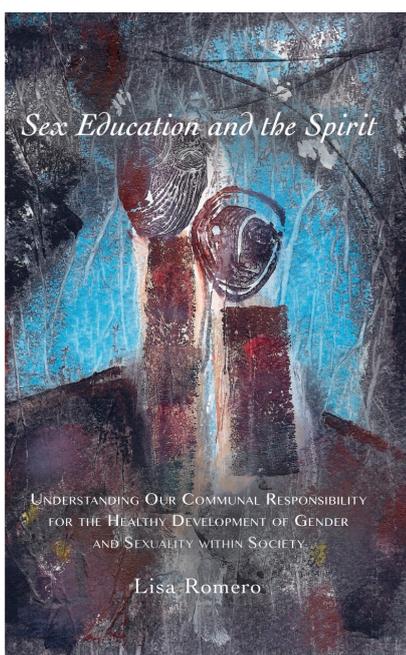
**W [developingtheself.org](http://developingtheself.org)**

**LISA ROMERO** is an author of inner development books, a complementary health practitioner and an adult educator who has been delivering healthcare and education enriched with anthroposophy for 25 years. From 2006 the primary focus of her work has been on teaching inner development and anthroposophical meditation. Through [Inner Work Path](#) Lisa offers lectures, courses and retreats for professional and personal development in communities and schools worldwide. Steiner Books has published; *'The Inner Work Path'* focusing on meditation practice, *'Developing the Self'* written after years of working with Waldorf teachers to support their inner work and pedagogical understanding of child development, *'Living Inner Development'* offering an understanding of the inner experiences and results of various inner development exercises, and *'Sex Education and The Spirit'* to help awaken an understanding of our communal responsibility for the healthy development of gender and sexuality within society.

For several years Lisa was the lecturer of Health & Nutrition and Male/Female studies at Sydney Rudolf Steiner College, where she continues to provide lectures for the tutors on inner development. Since 1999 she has been presenting on the subject of gender, sexuality and spiritual life. She has been working with Waldorf schools as a part of their health and wellbeing curriculum; working directly with the students, teachers and parents on this theme. Lisa has contributed to and is an adviser on Health and Personal Development for the Australian Steiner Curriculum Framework. She has developed training courses, and facilitates professional development on this subject for teachers and health professionals.

Lisa designed and facilitated *EduCareDo* 'Towards Health and Healing' which ran eight year-long courses working with therapists from all modalities as well as Waldorf teachers, to bring the depth of anthroposophical insight through practical applications of therapeutic and pedagogical methods.

Lisa is a contributor, tutor and director of *Inner Work Path*, *EduCareDo*, *Developing the Self* *Developing the World* and the *Y Project*.



### **Developing the Self Developing the World**

Through the foundations seeded by *Inner Work Path*, *Developing the Self Developing the World* has emerged as a growing social form striving to bring anthroposophy in practical ways into everyday life. It currently offers professional development courses focusing on gender and sexuality, conscious parenting courses and funds the *Y Project*.

Visit the website to read more about the Student / Whole School Programs and Lisa Romero's new book:

*Sex Education and The Spirit - Understanding our communal responsibility for the healthy development of gender and sexuality within society.*

[www.developingtheself.org](http://www.developingtheself.org)