

# ***SOCIAL UNDERSTANDING, GENDER AND SEXUALITY***

## **NSW & WA**

~ with Lisa Romero ~

### ***Understanding Individual Responsibility in Working Towards New Community***

**September  
1 - 3**

**Byron Bay**

Friday 7pm – 8:30pm

Saturday & Sunday  
9.30am – 2.30pm

**\$200**

In community life we learn consciously and unconsciously from each other. Rudolf Steiner stated that to be an educator in the Consciousness-soul Age we need to be able to elicit the individuality. This course focuses on how to perceive support and elicit the true nature of the individual human being from childhood to adulthood. We will explore the changing role and the need for new community responsibility, that can provide young people with what is needed in the growing self-consciousness and separation that they are facing. We look at how young people can be supported within a community that respects, encourages and expands each individual's qualities as the basis for the modern rites of passage into adulthood.

### ***Understanding and Developing the Masculine and Feminine Forces Towards Harmony***

From an esoteric view of the human being, it can be understood that within the individual there are masculine and feminine forces that are necessary for deeper soul development. This course will explore the evolving of these masculine and feminine forces within the individual from childhood to adulthood, what occurs when there are hindrances in this process and how these may be expressed in adolescent and adult sexuality and social behaviors. Using these insights we can support the balance of these primary forces throughout childhood to adolescence as well as discover how to rebalance ourselves through inner development exercises that support both the masculine and feminine forces required for the awakening of inner capacities.

**September  
22 - 24**

**Perth**

Friday 7pm – 8:30pm

Saturday & Sunday  
9.30am – 2.30pm

**\$200**

## **FOR BOOKINGS AND ENQUIRIES**

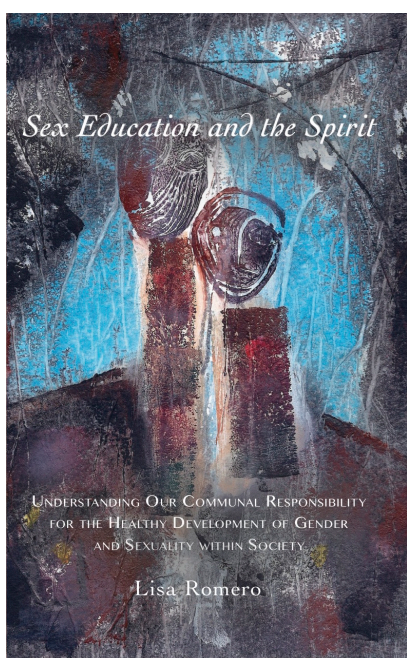
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**LISA ROMERO** is an author of inner development books, a complementary health practitioner and an adult educator who has been delivering healthcare and education enriched with anthroposophy for 25 years. From 2006 the primary focus of her work has been on teaching inner development and anthroposophical meditation. Through [Inner Work Path](#) Lisa offers lectures, courses and retreats for professional and personal development in communities and schools worldwide. Steiner Books has published; *'The Inner Work Path'* focusing on meditation practice, *'Developing the Self'* written after years of working with Waldorf teachers to support their inner work and pedagogical understanding of child development, *'Living Inner Development'* offering an understanding of the inner experiences and results of various inner development exercises, and *'Sex Education and The Spirit'* to help awaken an understanding of our communal responsibility for the healthy development of gender and sexuality within society.

For several years Lisa was the lecturer of Health & Nutrition and Male/Female studies at Sydney Rudolf Steiner College, where she continues to provide lectures for the tutors on inner development. Since 1999 she has been presenting on the subject of gender, sexuality and spiritual life. She has been working with Waldorf schools as a part of their health and wellbeing curriculum; working directly with the students, teachers and parents on this theme. Lisa has contributed to and is an adviser on Health and Personal Development for the Australian Steiner Curriculum Framework. She has developed training courses, and facilitates professional development on this subject for teachers and health professionals.

Lisa designed and facilitated *EduCareDo* 'Towards Health and Healing' which ran eight year-long courses working with therapists from all modalities as well as Waldorf teachers, to bring the depth of anthroposophical insight through practical applications of therapeutic and pedagogical methods.

Lisa is a contributor, tutor and director of *Inner Work Path*, *EduCareDo*, *Developing the Self* *Developing the World* and the *Y Project*.



### **Developing the Self Developing the World**

Through the foundations seeded by *Inner Work Path*, *Developing the Self Developing the World* has emerged as a growing social form striving to bring anthroposophy in practical ways into everyday life. It currently offers professional development courses focusing on gender and sexuality, conscious parenting courses and funds the *Y Project*.

Visit the website to read more about the Student / Whole School Programs and Lisa Romero's new book:

*Sex Education and The Spirit - Understanding our communal responsibility for the healthy development of gender and sexuality within society.*

[www.developingtheself.org](http://www.developingtheself.org)